

## Young Men as Fathers Program Format

Section Title	Time Frames	Topics (Direction Statement)	Objectives (Teacher Develop)	Suggested Methods of Instruction
<b>Introduction</b>	.5 Hour	Class Guidelines and Purpose		THE FOLLOWING METHODS MAY BE USED FOR <u>ANY</u> OR <u>ALL</u> OF THE TOPIC AREAS.
<b>I. <u>Family Issues</u></b>				
A) Who am I?	2 Hours	Self Identification		Group Discussion
B) Value ID	2 Hours	Personal Values		Video/Film
C) What is Family?	1.5 Hours	Definition of...		Written Activity
D) Roles/Responsibilities of Parenting	2 Hours	Modeling		Journal
E) Cross Generation Issues	2 Hours	Differences(+/-)		Lecture
F) Communication	2 Hours	Open Expression		Quiz/Test
G) Domestic Violence	2 Hours	Power/Control Self Esteem		Guest Speakers
				Group Activity
				Role Play/Theater
				Individual Work
				Library Assignment
				Family Participation
<b>II. Human Development</b>				SAME AS ABOVE
A) Pregnancy	1 Hour	Physical/ Emotional		
B) Birth	1 Hour	Roles and Adjustment		
C) Infancy	1.5 Hours	Milestones and Bonding		
D) Toddlers	2 Hours	Milestones/ Social Training		
E) Kindergarten/Early Years	2 Hours	Social Education		
F) Pre Adol/ Adolescence	3 Hours	Group Influence		
G) Discipline	4 Hours	Approaches/ Methods		

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<b>III. <u>Health Issues</u></b>				SAME AS ABOVE
A) Child Care	1 Hour	Safety/ Dependability/ Quality of...		
B) Prenatal Care	1 Hour	Health/Lifestyle		
C) First Aid	2 Hours	Training		
D) Drug Infants	3 Hours	Parental Drug Use		
E) Nutrition	1.5 Hours	Basic Nutrition Training		
F) Cleanliness	1 Hour	Proper Hygiene		
G) Exceptional Kids	1 Hour	Disabled or Gifted		
H) Supervision/Safety	3 Hours	Hazard Identification		
<b>IV. <u>Incarceration &amp; Beyond</u></b>				SAME AS ABOVE
A) Impact on Family	2 Hours	Social, Financial, Emotional		
B) Family Planning	3 Hours	Joint Commit/ Responsibility		
C) Legal Rights/ Responsibilities	3 Hours	Paternity/ Support/ Abuse Laws		
D) Parent & Family Goals	2.5 Hours	Realistic Goals		
E) Family Support Resources	3 Hours	Accessing Community		
F) Transition from Father to DAD	2.5 Hours	Celebration of Transition		